

THE PARISH CHURCH OF ALL SAINTS, UPPER TWICKENHAM
www.allsaintstwickenham.co.uk

ASH

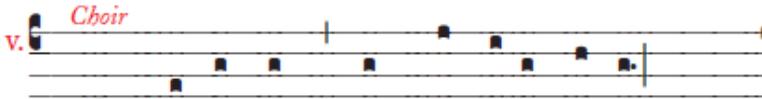
WEDNESDAY



SOLEMN MASS
& IMPOSITION OF ASHES

INTROIT - *PLEASE JOIN IN SINGING ANTIPHON & VERSE*
IGNORE THE MARKING ABOUT CANTORS

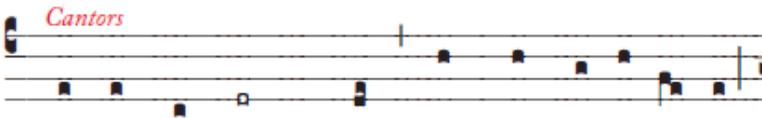
LENT PROSE *Attende, Dómine*



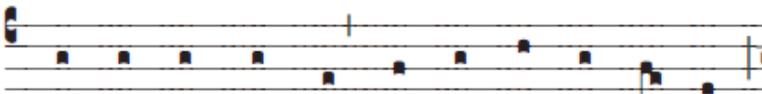
HEAR us, O LORD, * have mer- cy up- on us:



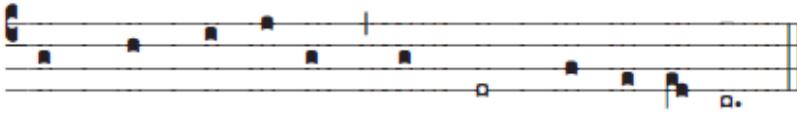
for we have sin- ned a- gainst thee. (*Repeat after each verse*)



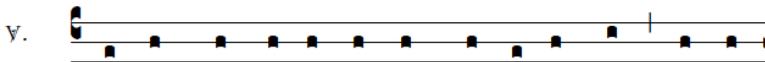
1. To thee, Re- deem- er, on thy throne of glo- ry:
2. O Thou chief Cor- ner- stone, Right Hand of the Fa- ther:
3. God, we im- plore thee, in thy glo- ry sea- ted:
4. Sins oft com- mit- ted now we lay be- fore thee:
5. In- no- cent, cap- tive, ta- ken un- re- sis- ting:



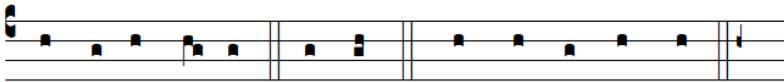
lift we our weep- ing eyes in ho- ly plead- ings:
Way of Sal- va- tion, Gate of Life Ce- les- tial:
bow down and hear- ken to thy weep- ing chil- dren:
with true con- tri- tion, now no more we veil them:
false- ly ac- cused, and for us sin- ners sen- tenced,



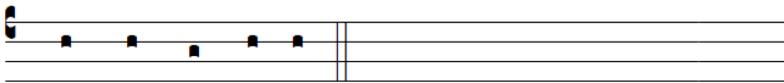
lis- ten O Je- su, to our sup- pli- ca- tions.
cleanse thou our sin- ful souls from all de- file- ment.
pi- ty and par- don all our griev- ous tres- pas- ses.
grant us, Re- dee- mer, lov- ing ab- so- lu- tion.
save us, we pray thee, Je- su our Re- dee- mer.



IN the name of the Fa-ther, and of the Son, and of



the Ho-ly Spir- it. R. A-men. v. The Lord be with you.



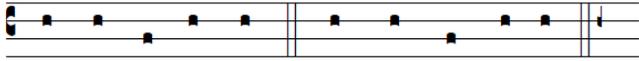
R. And with your spir- it.

Brothers and sisters, since early days followers of Christ have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting. By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the gospel, and so grow in faith and in devotion to our Lord. I invite you, therefore, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

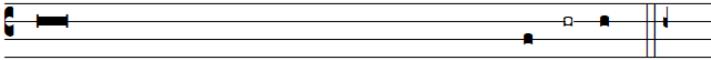
GOSPEL ACCLAMATION
STAND

Praise to you, O Christ our Saviour,
Word of the Father calling us to Life.
Son of God, who leads us to Freedom
Glory to you, Lord Jesus Christ.

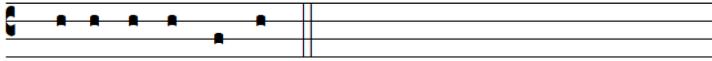
THE HOLY GOSPEL

v. 

T He Lord be with you. R. And with your spir- it.



v. A reading from the holy Gospel according to *N*.



R. Glo-ry to you, O Lord.

At the end the reader sings



v. The Gos-pel of the Lord. R. Praise to you, Lord Je- sus Christ.

THE HOMILY
SIT

BLESSING AND DISTRIBUTION OF ASHES

After the Homily, the Priest, standing with hands joined, says:

Dear brothers and sisters, let us humbly ask God our Father that he be pleased to bless with the abundance of his grace these ashes, which we will put on our heads in penitence.

After a brief prayer in silence, and, with hands extended, he continues:

O God, who are moved by acts of humility
and respond with forgiveness to works of penance,
lend your merciful ear to our prayers
and in your kindness pour out the grace of your ✠ blessing
on your servants who are marked with these ashes,
that, as they follow the Lenten observances,
they may be worthy to come with minds made pure
to celebrate the Paschal Mystery of your Son.
Through Christ our Lord.

Amen.

THE LITURGY OF THE EUCHARIST

THE PREPARATION OF THE ALTAR AND THE GIFTS

C hristian, dost thou see them
on the holy ground,
how the powers of darkness
compass thee around?
Christian, up and smite them,
counting gain but loss,
smite them by the merit
of the holy cross.

C hristian, dost thou feel them,
how they work within,
striving, tempting, luring,
goadng into sin?
Christian, never tremble;
never be downcast;
gird thee for the battle,
watch and pray and fast.

Christian, dost thou hear them,
how they speak thee fair?

"Always fast and vigil?
Always watch and prayer?"

Christian, answer boldly:
"While I breathe I pray!"
Peace shall follow battle,
night shall end in day.

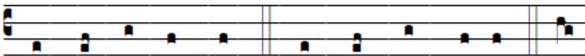
Pray, my brothers and sisters, that this, my sacrifice and yours may be acceptable to God the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

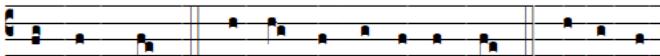
"Well I know thy trouble,
O my servant true;
thou art very weary,
I was weary, too;
But that toil shall make thee
some day all mine own,
and the end of sorrow
shall be near my throne."

THE PRAYER OVER THE OFFERINGS

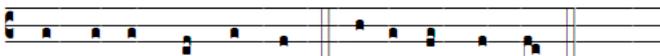
PREFACE DIALOGUE

Y. 

T He Lord be with you. R. And with your spir-it. Y. Lift



up your hearts. R. We lift them up to the Lord. Y. Let us give



thanks to the Lord our God. R. It is right and just.

The priest continues with the preface until we sing:

SANCTUS

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Heav - ven and earth are full of your glo - ry. Ho-san-na in the high - est.

Blessed is he who comes in the name of the Lord.

Ho - san - na in the high - est. Ho - san - na in the high - est.

We all **KNEEL** as the Celebrant continues with the Eucharistic Prayer
 After the Lord's words are said over the bread and the cup we use the following response:

v. He mys-ter-y of faith.

r. We pro-claim your death, O Lord, and pro-fess your Res-ur-
 rec-tion un-til you come a-gain.

At the end of prayer we all sing:
Amen.

THE LORD'S PRAYER
STAND

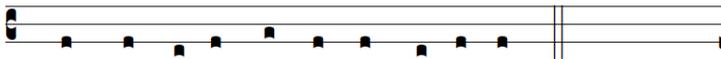
At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, Who art in heaven
Hallowed be Thy Name;
Thy kingdom come,
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

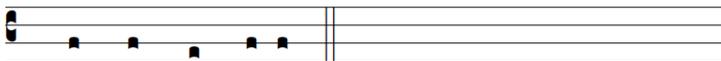
Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour Jesus Christ.

For the Kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, who said to your apostles: peace I leave you, my peace I give you. Look not on our sins but on the faith of your Church and graciously grant her peace and unity in accordance with your will, who live and reign for ever and ever. **Amen.**

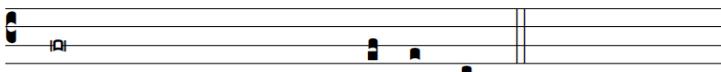


∇. The peace of the Lord be with you always.



℞. And with your spirit.

Then, if appropriate, the Deacon, or the Priest, adds:



∇. Let us offer each other the sign of peace.

AGNUS DEI

Lamb of God, * you take a - way the sins of the world,
have mer - cy on us. have mer - cy on us.
Lamb of God, * you take a - way the sins of the world,
have mer - cy on us. have mer - cy on us.
Lamb of God, * you take a - way the sins of the world,
grant us peace. grant us peace.

COMMUNION

Behold the Lamb of God, behold him who takes away the sin of the world.
Blessed are those who are called to the supper of the lamb.

**Lord, I am not worthy that you should enter under my roof, but
only say the word and my soul shall be healed.**

*When offered the Host and the Chalice or when given a blessing the response is always:
Amen.*

DURING HOLY COMMUNION

As pants the hart for cooling streams
when heated in the chase,
so longs my soul, O God, for thee
and thy refreshing grace.

2. For thee, my God, the living God,
my thirsty soul doth pine:
O when shall I behold thy face,
thou Majesty divine?

3. Why restless, why cast down, my soul?
Hope still, and thou shalt sing
the praise of him who is thy God,
thy health's eternal spring.

4. To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore. Amen.

PRAYER AFTER COMMUNION

THE CONCLUDING RITE

BLESSING

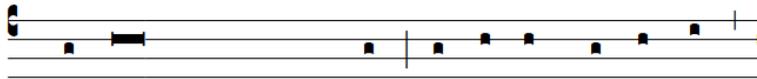
v. 

T He Lord be with you. *R.* And with your spir- it.

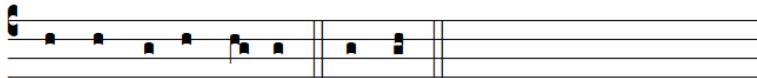
Pour out a spirit of compunction, O God,
on those who bow before your majesty,
and by your mercy may they merit the rewards you promise to those who do
penance.

Through Christ our Lord.

Amen.



v. May almighty God bless you, the Fa-ther, and the Son, ✠



and the Ho-ly Spir- it. *R.* A-men.

V.

G O in peace, glo-ri-fy-ing the Lord by your life.

R. Thanks be to God.

Take up thy Cross, the Saviour said,
 "if thou wouldst my disciple be;
 deny thyself, the world forsake,
 and humbly follow after me."

2. Take up thy cross, let not its weight
 fill thy weak spirit with alarm;
 his strength shall bear thy spirit up,
 and brace thy heart and nerve thine arm.

3. Take up thy cross, nor heed the shame,
 nor let thy foolish pride rebel;
 thy Lord for thee the cross endured,
 to save thy soul from death and hell.

4. Take up thy cross and follow Christ,
 nor think till death to lay it down;
 for only those who bear the cross
 may hope to wear the glorious crown.

LENT

Lent is a Season of many layers, but all are joined together in the idea of the Journey to New Life. For the Elect, those who are journeying towards the waters of the font at the Vigil, it is a Season of final preparation, when the Word of God speaks to them of the mystery of death and life in water, their entry to the mystery of the Cross and Resurrection. For those of us who entered those waters few or many years before, it is a time to purify ourselves so that we can renew the sense of Rebirth as new creatures, washed in the Blood and Water. This is why Lent, like Advent, is a "season looking forwards" - our eyes are fixed on the road ahead, and especially on the Easter Triduum, when the Church, empowered by the Holy Spirit, makes the Paschal mystery. All our penance and devotions should be carrying us somewhere, all our prayers and hymns and sacrifices should be leading us onwards and upwards!

Like Advent there should be an emptiness about Lent—music, vesture, decoration of the Church has a sparseness, waiting for the Easter Fire to lighten this Spring darkness. Lent is about fasting: can it also be about thirst? A thirst for the Waters of Life. Ashes, dust and sand can speak profoundly of the dryness of our Journey—so that we can revel in the Easter Waters when the Lenten Journey ends!