

THE PARISH CHURCH OF ALL SAINTS, UPPER TWICKENHAM

2<sup>ND</sup> SUNDAY



PARISH MASS

*[www.allsaintstwickenham.co.uk](http://www.allsaintstwickenham.co.uk)*

## LENT

The 40 days of Lent, which precedes Easter is based on two Biblical accounts: the 40 years of wilderness wandering by the Israelites and our Lord's 40 days in the wilderness at which point He was tempted by Satan.

Each year the Church observes Lent where we, like Israel and our Lord, are tested. We participate in abstinence, times of fasting, confession and acts of mercy to strengthen our faith and devotional disciplines. The goal of every Christian is to leave Lent a stronger and more vital person of faith than when we entered.

The Catechism of the Catholic Church states, "The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies and pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, and fraternal sharing (charitable and missionary works)." (CCC 1438).

**REMEMBER !** Sundays are always of the Resurrection, and so the fast does not apply on this day!

## SILENCE BEFORE MASS!

To emphasise the Stark character of Lent, please keep **ABSOLUTE SILENCE** in church when the Church Bell rings at **5 minutes** before the service.

## SOME PRAYERS TO USE BEFORE MASS

Receive, O Holy Trinity, One God, this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which I, Your unworthy servant, desire now to offer to Your Divine Majesty by the hands of this Your minister, with all the Sacrifices which have ever been or will be offered to You, in union with that most Holy Sacrifice offered by the same Christ our Lord at the Last Supper, and on the Altar of the Cross.

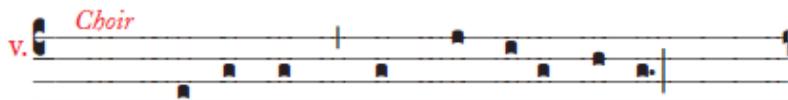
I offer it to You with the utmost affection of devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. Amen.

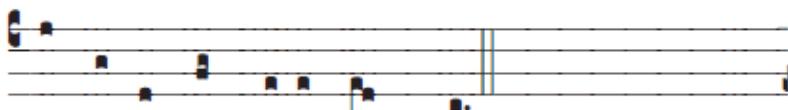
Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden;  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
so that we may truly love you  
and worthily praise your holy name;  
through our Saviour, Jesus Christ.  
Amen

INTROIT - PLEASE JOIN WITH THE ANTIPHON AND VERSES,  
IGNORE THE MARKINGS ABOUT CANTOR AND CHOIR

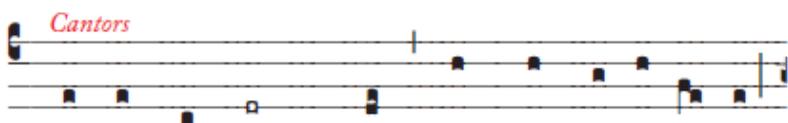
LENT PROSE *Attende, Dómine*



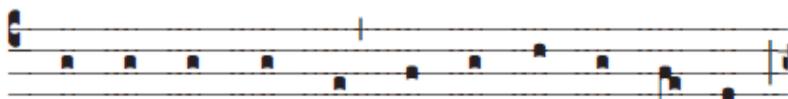
**H**EAR us, O LORD, \* have mer- cy up- on us:



for we have sin- ned a- gainst thee. (*Repeat after each verse*)



1. To thee, Re- deem- er, on thy throne of glo- ry:
2. O Thou chief Cor- ner- stone, Right Hand of the Fa- ther:
3. God, we im- plore thee, in thy glo- ry sea- ted:
4. Sins oft com- mit- ted now we lay be- fore thee:
5. In- no- cent, cap- tive, ta- ken un- re- sis- ting:



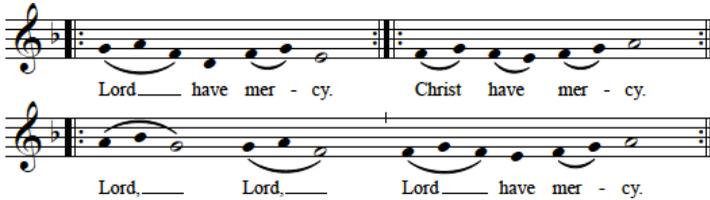
lift we our weep- ing eyes in ho- ly plead- ings:  
Way of Sal- va- tion, Gate of Life Ce- les- tial:  
bow down and hear- ken to thy weep- ing chil- dren:  
with true con- tri- tion, now no more we veil them:  
false- ly ac- cused, and for us sin- ners sen- tenced,



*Priest* May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

*All* Amen.

## KYRIE



Lord, have mer - cy. Christ have mer - cy.  
Lord, Lord, Lord, have mer - cy.

## THE COLLECT

**O** God, who have commanded us  
to listen to your beloved Son,  
be pleased, we pray,  
to nourish us inwardly by your word,  
that, with spiritual sight made pure,  
we may rejoice to behold your glory.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

## THE LITURGY OF THE WORD

*SIT*

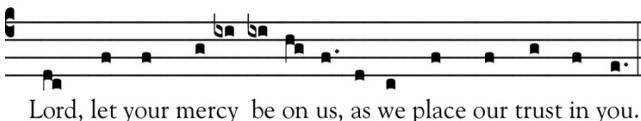
**First reading**

*Genesis 12: 1-4*

The Word of the Lord  
**Thanks be to God.**

## RESPONSORIAL PSALM

Refrain in honor of Blessed David Gonson (†1541)



Lord, let your mercy be on us, as we place our trust in you.

Second reading

1 Timothy: 8-10

The Word of the Lord  
Thanks be to God.

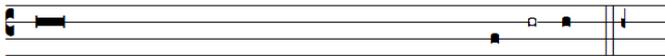
GOSPEL ACCLAMATION  
*STAND*

**P**raise to you, O Christ our Saviour,  
Word of the Father calling us to Life.  
Son of God, who leads us to Freedom  
Glory to you, Lord Jesus Christ.

THE HOLY GOSPEL

Matt 17: 1-9

v.   
**T** He Lord be with you. R. And with your spir- it.



v. A reading from the holy Gospel according to N.



R. Glo-ry to you, O Lord.

At the end the reader sings or says:



v. The Gos-pel of the Lord. R. Praise to you, Lord Je- sus Christ.

THE HOMILY  
*SIT*

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*and by the Holy Spirit was incarnate of the Virgin Mary  
and became man.*  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

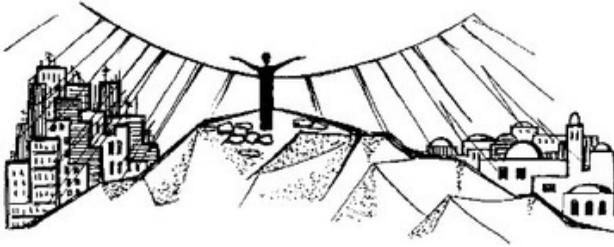
## THE PRAYER OF THE FAITHFUL

Lord, hear us  
Lord, graciously hear us.

OR

Lord, in your mercy.  
Hear our prayer.

Be pleased to hear us,  
Lord, we ask you, hear our prayer.



## THE LITURGY OF THE EUCHARIST

### THE PREPARATION OF THE ALTAR AND THE GIFTS

Longing for light, we wait in darkness.  
Longing for truth, we turn to you.  
Make us your own, your holy people,  
light for the world to see.

*Christ, be our light! Shine in our hearts.  
Shine through the darkness.  
Christ, be our light!  
Shine in your church gathered today.*

2. Longing for peace, our world is troubled.  
Longing for hope, many despair.  
Your word alone has power to save us.  
Make us your living voice.  
*Christ, be our light...*

3. Longing for food, many are hungry.  
Longing for water, many still thirst.  
Make us your bread, broken for others,  
shared until all are fed.

*Christ, be our light...*

4. Longing for shelter, many are homeless.  
Longing for warmth, many are cold.  
Make us your building, sheltering others,  
walls made of living stone.

*Christ, be our light...*

5. Many the gifts, many the people,  
many the hearts that yearn to belong.  
Let us be servants to one another,  
making your kingdom come.

*Christ, be our light...*

Pray, my brothers and sisters, that this, my sacrifice and yours may be acceptable to God the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

THE PRAYER OVER THE OFFERINGS

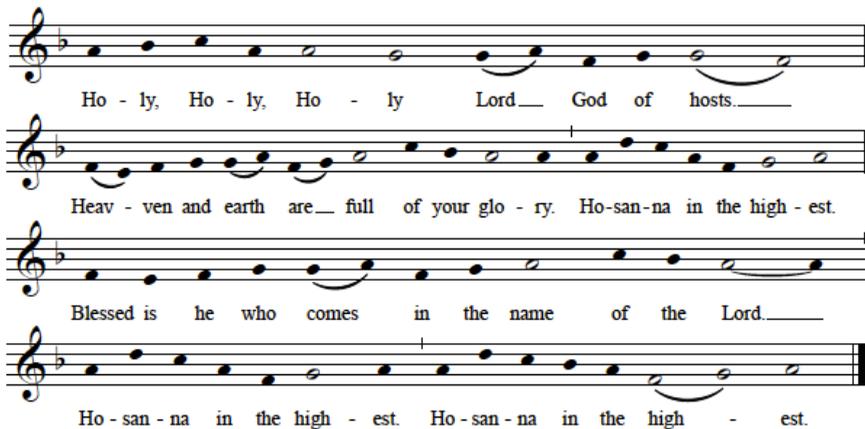
PREFACE DIALOGUE

Y.  
**T** He Lord be with you. R. And with your spir-it. Y. Lift  
up your hearts. R. We lift them up to the Lord. Y. Let us give  
thanks to the Lord our God. R. It is right and just.



*The priest continues with the preface until we sing:*

SANCTUS



Ho - ly, Ho - ly, Ho - ly Lord God of hosts.  
Heav - ven and earth are full of your glo - ry. Ho-san-na in the high - est.  
Blessed is he who comes in the name of the Lord.  
Ho - san - na in the high - est. Ho - san - na in the high - est.

We all **KNEEL** as the Celebrant continues with the Eucharistic Prayer. After the Lord's words are said over the bread and the cup we use the following response:

**T** He mys-ter-y of faith.

R. We pro-claim your death, O Lord, and pro-fer your Res-ur-  
rec-tion un-til you come a-gain.

At the end of prayer we all sing:  
**Amen.**

*THE LORD'S PRAYER*  
**STAND**

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, Who art in heaven  
Hallowed be Thy Name;  
Thy kingdom come,  
Thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour Jesus Christ.



## COMMUNION

Behold the Lamb of God, behold him who takes away the sin of the world.  
Blessed are those who are called to the supper of the lamb.

**Lord, I am not worthy that you should enter under my roof, but  
only say the word and my soul shall be healed.**

*When offered the Host and the Chalice or when given a blessing the response is always:*  
**Amen.**

## DURING HOLY COMMUNION

**H**ow deep the Father's love for us,  
How vast beyond all measure,  
That He should give His only Son  
To make a wretch His treasure.  
How great the pain of searing loss -  
The Father gives His son to us,  
As wounds which mar the Chosen One  
Bring many sons to glory.

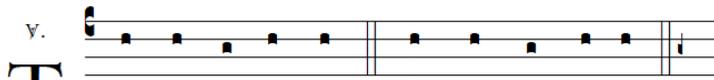
Behold the man upon a cross,  
My sin upon His shoulders;  
Ashamed, I hear my mocking voice  
Call out among the scoffers.  
It was my sin that held Him there  
Until it was accomplished;  
His dying breath has brought me life  
I know that it is finished.

I will not boast in anything,  
No gifts, no power, no wisdom;  
But I will boast in Jesus Christ,  
His death and resurrection.  
Why should I gain from His reward?  
I cannot give an answer;  
But this I know with all my heart -  
His wounds have paid my ransom.

## PRAYER AFTER COMMUNION

## THE CONCLUDING RITE

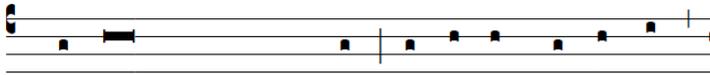
### BLESSING



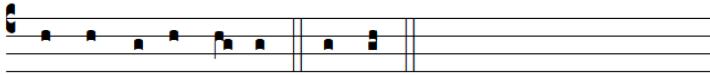
**T** He Lord be with you. *R.* And with your spir- it.

Bless your faithful, we pray, O Lord,  
with a blessing that endures for ever,  
and keep them faithful  
to the Gospel of your Only Begotten Son,  
so that they may always desire and at last attain  
that glory whose beauty he showed in his own Body,  
to the amazement of his Apostles.  
Through Christ our Lord.

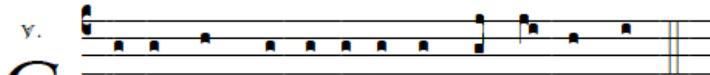
**Amen.**



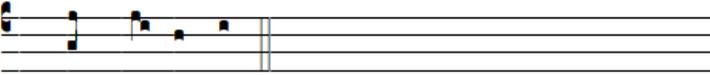
v. May almighty God bless you, the Fa-ther, and the Son, ✠



and the Ho-ly Spir- it. *R.* A-men.



**G** O in peace, glo- ri- fy-ing the Lord by your life.



*R.* Thanks be to God.

**I**t is a thing most wonderful,  
almost too wonderful to be,  
that God's own Son should come from heaven,  
and die to save a child like me.

And yet I know that it is true:  
he chose a poor and humble lot,  
and wept, and toiled, and mourned, and died,  
for love of those who loved him not.

I cannot tell how he would love  
a child so weak and full of sin;  
his love must be most wonderful,  
if he could die my love to win.

I sometimes think about the cross,  
and shut my eyes, and try to see  
the cruel nails and crown of thorns  
and Jesus crucified for me.

But even could I see him die,  
I could but see a little part  
of that great love, which, like a fire,  
is always burning in his heart.

It is most wonderful to know  
his love for me so free and sure;  
but 'tis more wonderful to see  
my love for him so faint and poor.

And yet I want to love thee, Lord;  
O light the flame within my heart,  
and I will love thee more and more,  
until I see thee as thou art.

## A PRAYER TO USE AFTER MASS



### *Prayer of St. Thomas Aquinas*

I thank you, holy Lord, almighty Father, eternal God, who deigned to feast me, sinful and unworthy servant, with the precious body and blood of your Son, Jesus Christ our Lord, not for any merit of mine, but only because of your merciful goodness. And I pray that this Holy Communion, far from condemning me to punishment, may bring about my pardon and salvation, encompassing me with the armor of faith and the shield of a good will. By it let my vices be done away, all lustful desires extinguished. May it advance me in charity, patience, humility, obedience, and every other virtue. Let it be strong defense against the wiles of all my enemies, visible and invisible, allaying for me every disturbance of flesh and spirit, binding me firmly to you, the one true God, and bringing my last hour to a happy close. I pray, too, that it may be your pleasure to call my sinful self one day to that banquet, wonderful past all telling, where you, with your Son and the Holy Spirit, feast your saints with the vision of yourself, who are true light, the fulfillment of all desires, the joy that knows no ending, gladness unalloyed, and perfect bliss: through the same Christ our Lord. Amen.