



All Saints  
Twickenham

3<sup>RD</sup> SUNDAY



LENT

PARISH MASS

# LENT

The 40 days of Lent, which precedes Easter is based on two Biblical accounts: the 40 years of wilderness wandering by the Israelites and our Lord's 40 days in the wilderness at which point He was tempted by Satan.

Each year the Church observes Lent where we, like Israel and our Lord, are tested. We participate in abstinence, times of fasting, confession and acts of mercy to strengthen our faith and devotional disciplines. The goal of every Christian is to leave Lent a stronger and more vital person of faith than when we entered.

The Catechism of the Catholic Church states, "The seasons and days of penance in the course of the liturgical year (Lent, and each Friday in memory of the death of the Lord) are intense moments of the Church's penitential practice. These times are particularly appropriate for spiritual exercises, penitential liturgies and pilgrimages as signs of penance, voluntary self-denial such as fasting and almsgiving, and fraternal sharing (charitable and missionary works)." (CCC 1438).

**REMEMBER !** Sundays are always of the Resurrection, and so the fast does not apply on this day!

## SILENCE BEFORE MASS!

To emphasise the Stark character of Lent, please keep **ABSOLUTE SILENCE** in church when the Church Bell rings at **5 minutes** before the service.

## SOME PRAYERS TO USE BEFORE MASS

Receive, O Holy Trinity, One God, this Holy Sacrifice of the Body and Blood of our Lord Jesus Christ, which I, Your unworthy servant, desire now to offer to Your Divine Majesty by the hands of this Your minister, with all the Sacrifices which have ever been or will be offered to You, in union with that most Holy Sacrifice offered by the same Christ our Lord at the Last Supper, and on the Altar of the Cross.

I offer it to You with the utmost affection of devotion, out of pure love for Your infinite goodness, and according to the most holy intention of the same Christ our Lord, and of our Holy Mother the Church.

O God, almighty and merciful, grant us through this Holy Sacrifice, joy and peace, a holier life, time to do penance, grace and consolation of the Holy Spirit, and perseverance in good works. Amen.

Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden;  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
so that we may truly love you  
and worthily praise your holy name;  
through our Saviour, Jesus Christ.  
Amen

INTROIT - PLEASE JOIN WITH THE ANTIPHON AND VERSES,  
IGNORE THE MARKINGS ABOUT CANTOR AND CHOIR

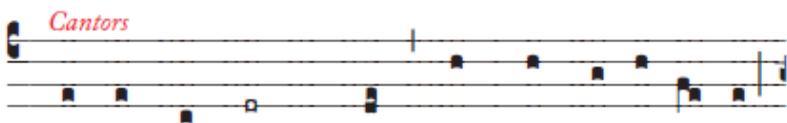
LENT PROSE *Attende, Dómine*



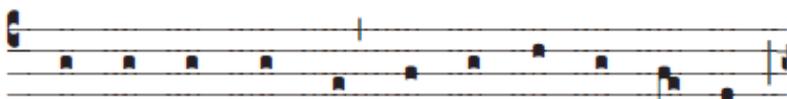
**H**EAR us, O LORD, \* have mer- cy up- on us:



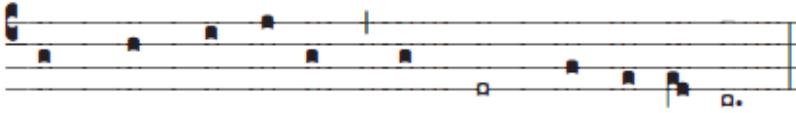
for we have sin- ned a- gainst thee. (*Repeat after each verse*)



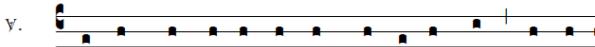
1. To thee, Re- deem- er, on thy throne of glo- ry:
2. O Thou chief Cor- ner- stone, Right Hand of the Fa- ther:
3. God, we im- plore thee, in thy glo- ry sea- ted:
4. Sins oft com- mit- ted now we lay be- fore thee:
5. In- no- cent, cap- tive, ta- ken un- re- sis- ting:



lift we our weep- ing eyes in ho- ly plead- ings:  
Way of Sal- va- tion, Gate of Life Ce- les- tial:  
bow down and hear- ken to thy weep- ing chil- dren:  
with true con- tri- tion, now no more we veil them:  
false- ly ac- cused, and for us sin- ners sen- tenced,



lis- ten O Je- su, to our sup- pli- ca- tions.  
 cleanse thou our sin- ful souls from all de- file- ment.  
 pi- ty and par- don all our griev- ous tres- pas- ses.  
 grant us, Re- dee- mer, lov- ing ab- so- lu- tion.  
 save us, we pray thee, Je- su our Re- dee- mer.



**I**N the name of the Fa-ther, and of the Son, and of

the Ho-ly Spir- it. R. A- men. v. The Lord be with you.

R. And with your spir- it.

### PENITENTIAL RITE

Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

*A brief pause for silence follows. Then all recite together*

**I** confess to almighty God  
 and to you, my brothers and sisters,  
 that I have greatly sinned,  
 in my thoughts and in my words,  
 in what I have done and in what I have failed to do,  
 through my fault, through my fault,  
 through my most grievous fault;  
 therefore I ask blessed Mary ever-Virgin,  
 all the Angels and Saints,

and you, my brothers and sisters,  
to pray for me to the Lord our God.  
*The Priest then pronounces the words of Absolution.*

May almighty God have mercy on us,  
Forgive us our sins,  
And bring us to everlasting life.

**Amen.**

KYRIE

Lord, have mer - cy. Christ have mer - cy.  
Lord, Lord, Lord, have mer - cy.

THE COLLECT

**O** God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

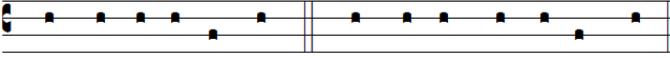
SIT

**First reading**

Exodus 20:1-3,7-8,12-17

The Word of the Lord  
**Thanks be to God.**





v. The Gos-pel of the Lord. R. Praise to you, Lord Je- sus Christ.

## THE PROFESSION OF FAITH

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*and by the Holy Spirit was incarnate of the Virgin Mary  
and became man.*  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## THE PRAYER OF THE FAITHFUL

Lord, hear us

OR

Lord, in your mercy.

**Lord, graciously hear us.**

**Hear our prayer.**

## THE LITURGY OF THE EUCHARIST

### THE PREPARATION OF THE ALTAR AND THE GIFTS

**T**here's a wideness in God's mercy  
like the wideness of the sea;  
there's a kindness in his justice,  
which is more than liberty.  
There is no place where earth's sorrows  
are more felt than in heaven;  
there is no place where earth's failings  
have such kindly judgment given.

2. For the love of God is broader  
than the measure of man's mind;  
and the heart of the Eternal  
is most wonderfully kind.  
But we make his love to narrow  
By false limits of our own;  
And we magnify his strictness  
with a zeal he will not own

3. There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.  
There is grace enough for thousands  
Of new worlds as great as this:  
There is room for fresh creations  
In that upper home of bliss.

4. If our love were but more simple,  
we should take him at his word;  
and our life would be all gladness  
in the joy of Christ the Lord

Pray, my brothers and sisters, that this, my sacrifice and yours may be acceptable to God the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.**

*THE PRAYER OVER THE OFFERINGS*

PREFACE DIALOGUE

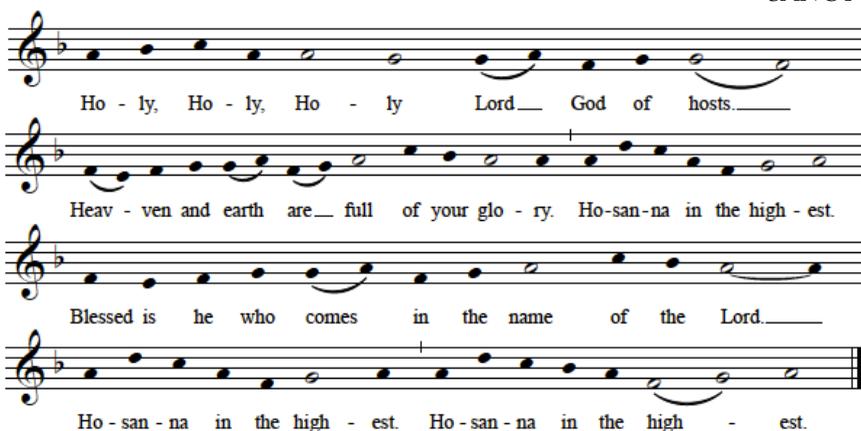
Y.

**T** He Lord be with you. R. And with your spir-it. Y. Lift  
up your hearts. R. We lift them up to the Lord. Y. Let us give  
thanks to the Lord our God. R. It is right and just.



*The priest continues with the preface until we sing:*

SANCTUS



Ho - ly, Ho - ly, Ho - ly Lord God of hosts.  
Heav - ven and earth are full of your glo - ry. Ho-san-na in the high - est.  
Blessed is he who comes in the name of the Lord.  
Ho - san - na in the high - est. Ho - san - na in the high - est.

We all **KNEEL** as the Celebrant continues with the Eucharistic Prayer. After the Lord's words are said over the bread and the cup we use the following response:

At the end of prayer we all sing:  
**Amen.**

*THE LORD'S PRAYER*  
**STAND**

At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, Who art in heaven  
 Hallowed be Thy Name;  
 Thy kingdom come,  
 Thy will be done,  
 on earth as it is in heaven.  
 Give us this day our daily bread,  
 and forgive us our trespasses,  
 as we forgive those who trespass against us;  
 and lead us not into temptation,  
 but deliver us from evil.**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour Jesus Christ.

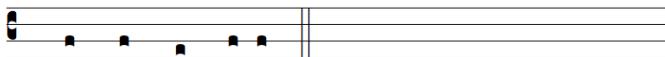
**For the Kingdom, the power and the glory are yours now and for ever.**

Lord Jesus Christ, who said to your apostles: peace I leave you, my peace I give you. Look not on our sins but on the faith of your Church and graciously

grant her peace and unity in accordance with your will, who live and reign for ever and ever. **Amen.**



∇. The peace of the Lord be with you always.



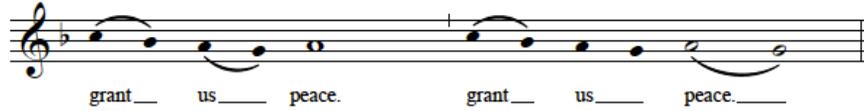
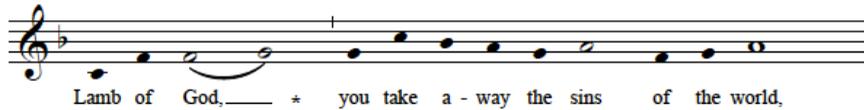
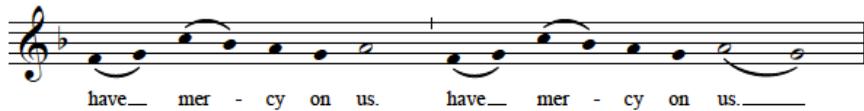
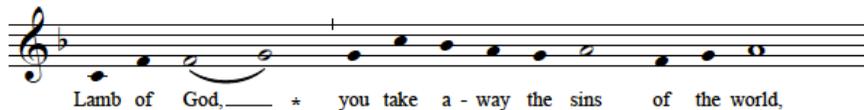
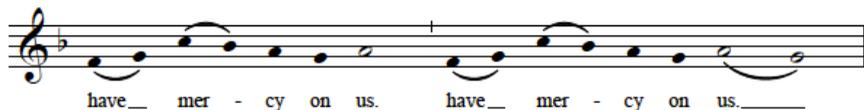
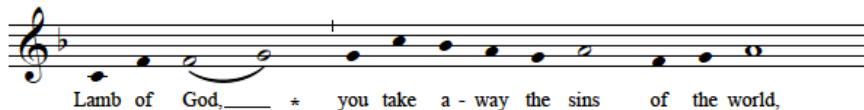
∇. And with your spirit.

*Then, if appropriate, the Deacon, or the Priest, adds:*



∇. Let us offer each other the sign of peace.

### AGNUS DEI



### COMMUNION

Behold the Lamb of God, behold him who takes away the sin of the world.  
Blessed are those who are called to the supper of the lamb.

**Lord, I am not worthy that you should enter under my roof, but  
only say the word and my soul shall be healed.**

*When offered the Host and the Chalice or when given a blessing the response is always:  
Amen.*

*DURING HOLY COMMUNION*

**A**ll ye who seek a comfort sure  
In trouble and distress,  
Whatever sorrow vex the mind,  
Or guilt the soul oppress:

2. Jesus, who gave Himself for you  
Upon the Cross to die,  
Opens to you His sacred Heart;  
O to that Heart draw nigh.

3. Ye hear how kindly he invites;  
Ye hear His words so blest:  
“All ye that labor come to Me,  
And I will give you rest.”

4. What meeker than the Saviour’s Heart?  
As on the Cross He lay,  
It did His murderers forgive,  
And for their pardon pray.

5. Wash thou my wounds in that dear Blood,  
Which forth from Thee doth flow;  
New grace, new hope inspire, a new  
And better heart bestow.

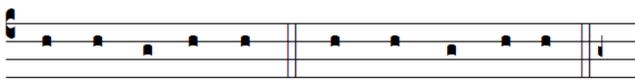
*PRAYER AFTER COMMUNION  
STAND*

*Banns of Marriage and other notices are now given.*

# THE CONCLUDING RITE

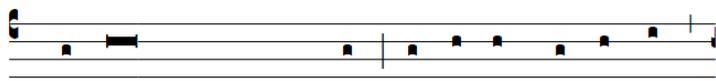
STAND

## BLESSING

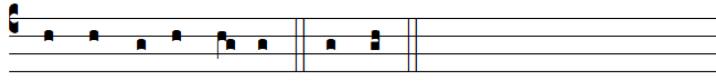
v. 

**T** He Lord be with you. R. And with your spir- it.

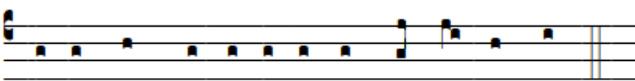
*The Prayer over the people follows. The response is  
Amen.*



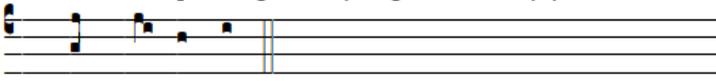
v. May almighty God bless you, the Fa-ther, and the Son, ✠



and the Ho-ly Spir- it. R. A-men.

v. 

**G** O in peace, glo- ri- fy- ing the Lord by your life.



R. Thanks be to God.

God of mercy and compassion,  
Look with pity upon me,  
Father, let me call Thee Father,  
Tis Thy child returns to Thee.

*Jesus, Lord, I ask for mercy;  
Let me not implore in vain;  
All my sins, I now detest them,  
Never will I sin again.*

2. By my sins I have deserved  
Death and endless misery,  
Hell with all its pains and torments,  
And for all eternity.

3. By my sins I have abandoned  
Right and claim to heav'n above.  
Where the saints rejoice forever  
In a boundless sea of love.

4. See our Saviour, bleeding, dying,  
On the cross of Calvary;  
To that cross my sins have nail'd Him,  
Yet He bleeds and dies for me.

