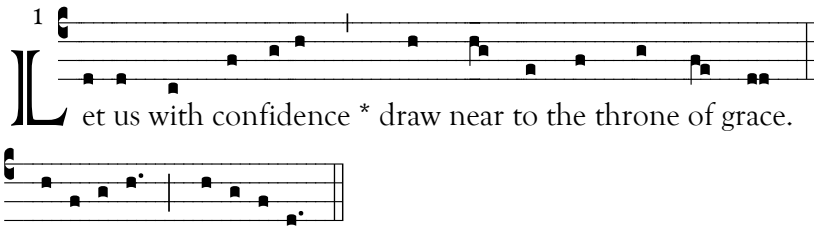


# First Sunday of Lent

*First and Second Vespers*

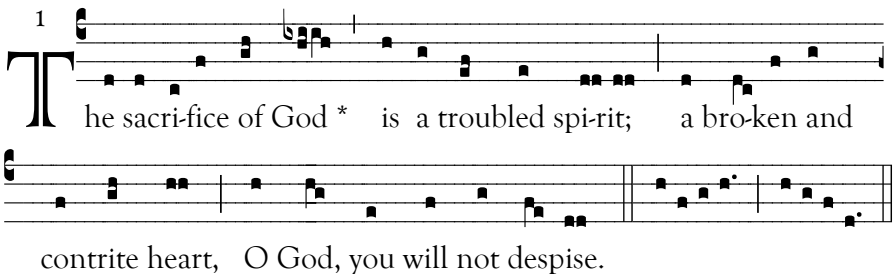
FIRST SUNDAY OF LENT  
First Vespers

Antiphon 1

1  **L**et us with confidence \* draw near to the throne of grace.

The musical notation for Antiphon 1 consists of two staves. The first staff begins with a treble clef, a common time signature, and a first ending bracket labeled '1'. The melody is written in square notes on a four-line staff. The lyrics are placed below the first staff, with a large initial 'L' for the first word 'Let'. The second staff continues the melody with square notes and rests.


Antiphon 2

1  **T**he sacri-fice of God \* is a troubled spi-rit; a bro-ken and  
contrite heart, O God, you will not despise.

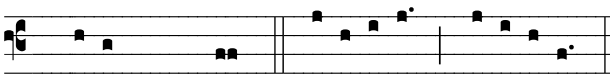
The musical notation for Antiphon 2 consists of two staves. The first staff begins with a treble clef, a common time signature, and a first ending bracket labeled '1'. The melody is written in square notes on a four-line staff. The lyrics are placed below the first staff, with a large initial 'T' for the first word 'The'. The second staff continues the melody with square notes and rests.

Antiphon 3

1



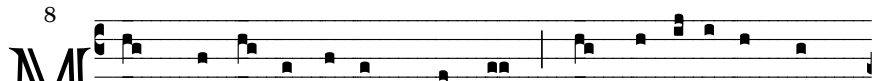
**T**he word of God is living and active \* sharper than any



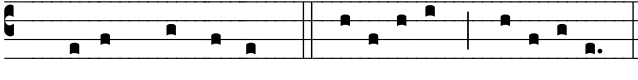
two-edged sword.

Antiphon 4

8



**M**ake me hear of joy and gladness \* that the body you have



broken may rejoice.

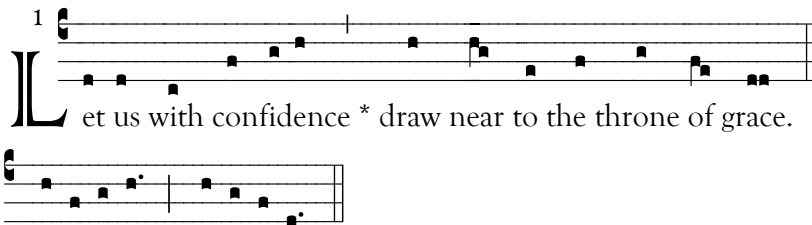
Turn to the Short Responsory.

## FIRST SUNDAY OF LENT

## Second Vespers

## Antiphon 1

1



Let us with confidence \* draw near to the throne of grace.

## Psalm 110 (109)

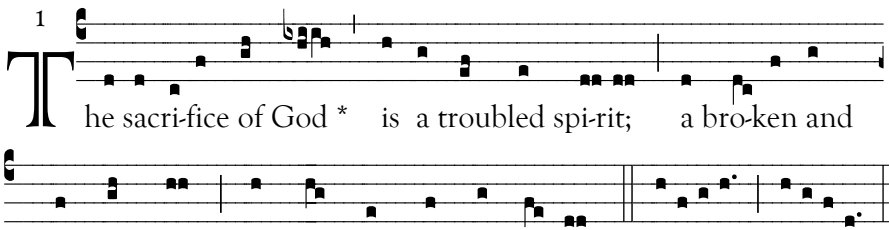
1. The Lord said unto my Lord: \*  
‘Sit thou on my right hand,  
until I make thine enemies thy footstool.’
2. The Lord shall send forth the sceptre of thy might out of Zion: \*  
be thou ruler among thine enemies.
3. In the day of thy power shall princes be at thy side in holy raiment: \*  
like the dew, from the womb of the morning  
thy warriors shall gather about thee.
4. The Lord hath sworn and will not repent: \*  
‘Thou art a priest for ever after the order of Melchizedek.’
5. The Lord upon thy right hand; \*  
hath wounded kings in the day of his wrath.
6. He shall judge the nations: \*  
he shall fill the land with dead bodies,  
and smite down heads in divers countries.
7. He shall drink of the brook by the way: \*  
therefore shall he lift up his head.

Glory be to the Father and to the Son,  
and to the Holy Spirit: \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Repeat Antiphon 1*

*Antiphon 2*

1



he sacri-fice of God \* is a troubled spi-rit; a bro-ken and  
contrite heart, O God, you will not despise.

*Psalm 111 (110)*

1. Praise ye the Lord.  
I will give thanks unto the Lord with my whole heart: \*  
in the company of the upright and among the congregation.
2. The works of the Lord are great: \*  
sought out by all them that have pleasure therein.
3. His work is worthy to be praised and had in honour: \*  
and his righteousness endureth for ever.
4. He hath made his marvellous works to be had in remembrance: \*  
the Lord is gracious and merciful.
5. He hath given food unto them that fear him: \*  
he shall ever be mindful of his covenant.
6. He hath shewed his people the power of his works: \*  
for he gave them the heritage of the nations.

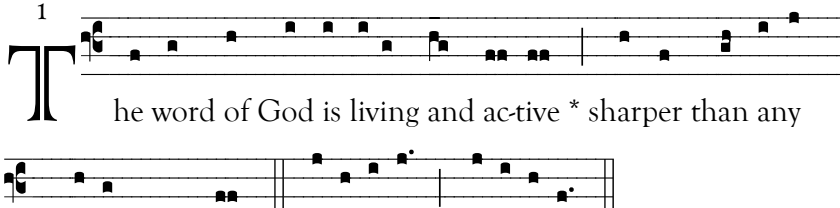
7. The works of his hands are faithful and just: \*  
all his commandments are true.
8. They stand fast for ever and ever: \*  
and are done in truth and equity.
9. He sent redemption unto his people,  
he commanded his covenant for ever: \*  
holy is his name and to be held in awe.
10. The fear of the Lord is the beginning of wisdom;  
a good understanding have all they that do thereafter: \*  
his praise endureth for ever.

Glory be to the Father and to the Son,  
and to the Holy Spirit: \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Repeat Antiphon 2*

*Antiphon 3*

1



he word of God is living and active \* sharper than any

two-edged sword.

*Psalm 114 (113a)*

1. When Israel came out of Egypt: \*  
and the house of Jacob from among a people of an alien tongue,
2. Judah became his sanctuary: \*  
and Israel his dominion.

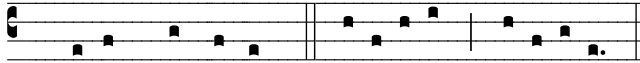
3. The sea beheld and fled: \*  
and Jordan was driven back.
4. The mountains skipped like rams: \*  
and the little hills like young sheep.
5. What ailed thee O thou sea that thou fleddest: \*  
and thou Jordan that thou wast driven back?
6. Ye mountains that ye skipped like rams: \*  
and ye little hills like young sheep?
7. Tremble thou earth at the presence of the Lord: \*  
at the presence of the God of Jacob,
8. Who turned the hard rock into pools of water: \*  
and the flint-stone into a springing well.

Glory be to the Father and to the Son,  
and to the Holy Spirit: \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Repeat Antiphon 3*

## Antiphon 4

8



broken may rejoice.

*Psalms 116 (114, 115)*

1. I love the Lord because he heard my voice: \*  
when I made my supplications before him,
2. Because he inclined his ear unto me: \*  
when I called upon his name.
3. The cords of death compassed me round about,  
and the snares of the grave laid hold upon me: \*  
I suffered sore distress and sorrow.
4. Then I called upon the name of the Lord: \*  
'O Lord I beseech thee deliver my soul.'
5. Gracious is the Lord and righteous: \*  
yea our God is full of compassion.
6. The Lord preserveth the simple: \*  
I was brought low, and he saved me.
7. Turn again then unto thy rest O my soul: \*  
for the Lord hath dealt so lovingly with thee.
8. For thou hast saved my soul from death: \*  
mine eyes from tears and my feet from falling.
9. I will walk before the Lord: \*  
in the land of the living.

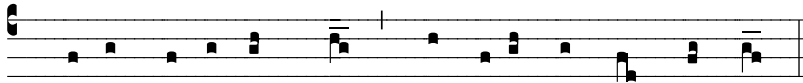


10. I trusted in the Lord, even when I said 'I am sore troubled': \*  
in my disquiet I said 'Man hath no power to help.'
11. What shall I give unto the Lord: \*  
for all the benefits that he hath done unto me?
12. I will lift up the cup of salvation: \*  
and call upon the name of the Lord;
13. I will pay my vows unto the Lord  
in the presence of all his people: \*  
right dear in the sight of the Lord  
is the death of them that serve him.
14. O Lord I am thy servant, even the son of thine hand-maid: \*  
thou hast broken my bonds in sunder.
15. I will offer unto thee the sacrifice of thanksgiving: \*  
and call upon the name of the Lord;
16. I will pay my vows unto the Lord  
in the presence of all his people: \*  
in the courts of the Lord's house  
even in the midst of thee, O Jerusalem.  
Praise ye the Lord.

Glory be to the Father and to the Son,  
and to the Holy Spirit: \*  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Repeat Antiphon 4*

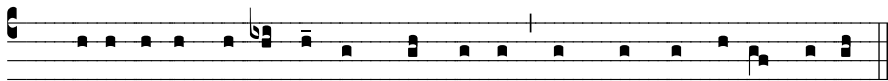
SHORT RESPONSORY



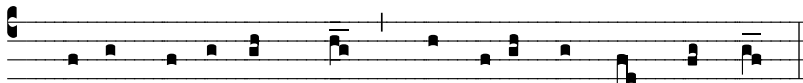
℞. His faithfulness and truth \* shall be a shield and buckler. ℞.



℣. You shall not be afraid of any terror by night. ℞. Shall be.



℣. Glory be to the Father, and to the Son, and to the Holy Spirit.

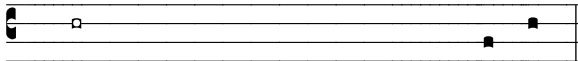


℞. His faithfulness and truth shall be a shield and buckler.

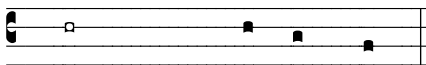
## OFFICE HYMN



- |  |  |
|--|--|
| <p>1. Loving Creator turn and hear<br/>The cries and prayers, with many a tear<br/>Poured forth by all the penitent<br/>Who keep this holy fast of Lent.</p>   | <p>3. Spare us, good Lord, who now confess<br/>Our sinful ways and wickedness,<br/>And for the glory of your Name,<br/>Our fainting souls to life reclaim.</p>   |
| <p>2. Our hearts to you are open, Lord,<br/>And all our weakness you record;<br/>Pour out on all who seek your face<br/>Abundance of your pardoning grace.</p> | <p>4. Give us the discipline that springs<br/>From abstinence in outward things;<br/>That we, while fasting inwardly,<br/>In heart and soul with you may be.</p> |
5. Grant us, O blessed Trinity,  
One God, unchanging Unity,  
That this our fast of forty days  
Bear fruit in penitence and praise.



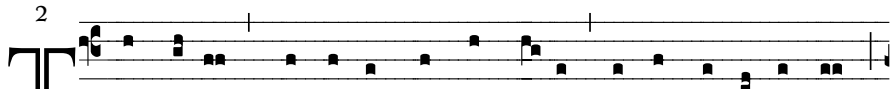
∇ God has given his angels charge over you.



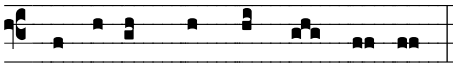
℞ To keep you in all your ways.

MAGNIFICAT ANTIPHON, *First Vespers*

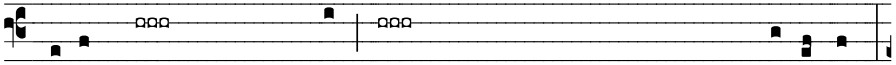
2



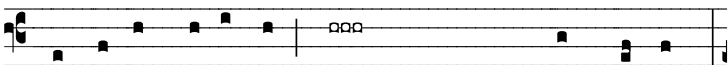
hen Je-sus \* was led up by the Spi- rit into the wilderness



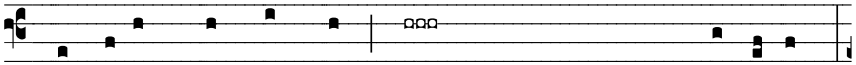
to be tempted by the de - vil.



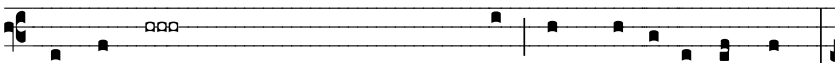
My soul doth magnify the Lord: and my spirit hath rejoiced in God my Sav-iour.



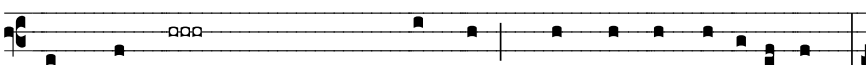
For he hath re-gar-ded: the lowliness of his handmaiden.



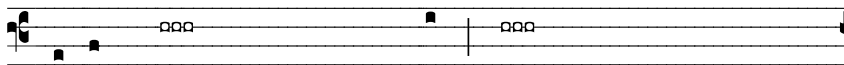
For behold, from henceforth: all generations shall call me blessed.



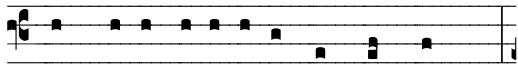
For he that is mighty hath magnified me: and ho- ly is his Name.



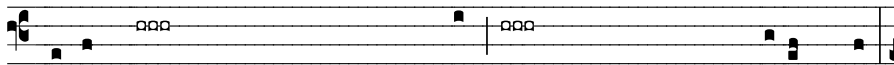
And his mercy is on them that fear him: throughout all ge-ne-ra-tions.



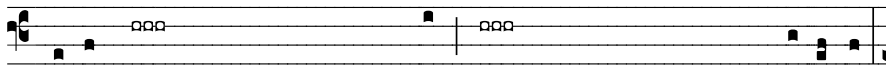
He hath shewed strength with his arm: he hath scattered the proud



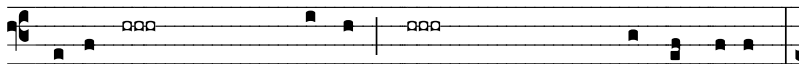
in the im-ag-in-a-tion of their hearts.



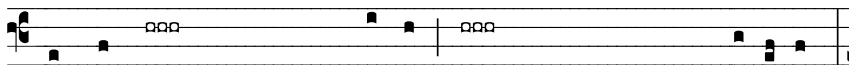
He hath put down the mighty from their seat: and hath exalted the humble and meek.



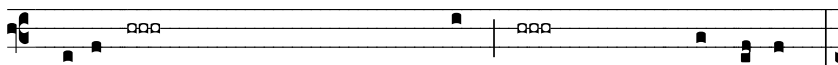
He hath filled the hungry with good things: and the rich he hath sent empty a-way.



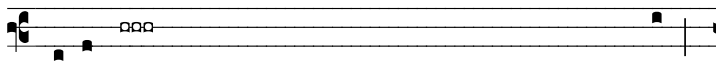
He re-mem-bering his mer-cy: hath holpen his servant Is- ra- el.



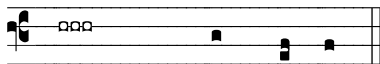
As he promised to our forefathers, Abraham and his seed for ever.



Glo-ry be to the Father, and to the Son: and to the Ho-ly Spi- rit;

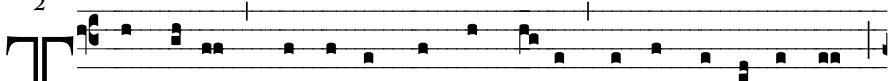


as it was in the beginning, is now, and e - ver shall be:

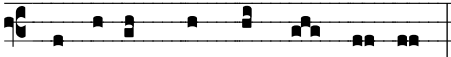


world without end. A-men.

2



hen Je-sus \* was led up by the Spi-rit into the wilderness



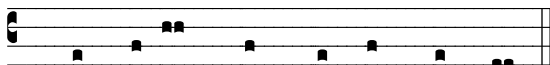
to be tempted by the de - vil.

MAGNIFICAT ANTIPHON, *Second Vespers*

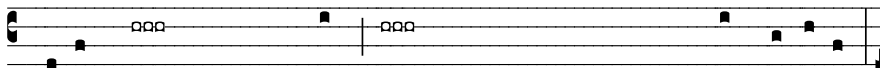
5

**M**

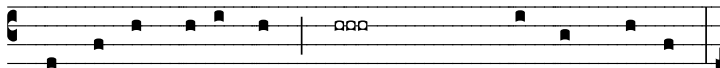
an shall not live by bread alone \* but by ev'ry word



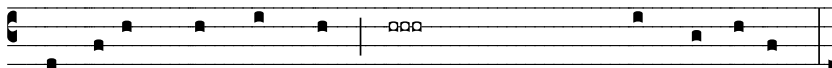
that proceeds from the mouth of God.



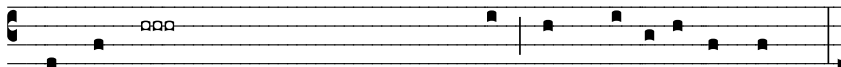
My soul doth magnify the Lord: and my spirit hath rejoiced in God my Saviour.



For he hath re-gar-ded: the lowliness of his handmaiden.



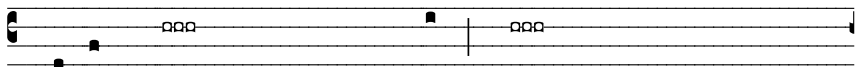
For behold, from henceforth: all generations shall call me blessed.



For he that is mighty hath magnified me: and ho-ly is his Name.



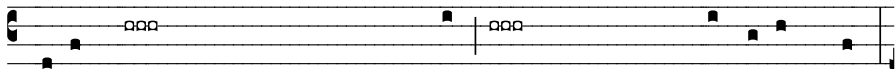
And his mercy is on them that fear him: throughout all ge-ne-ra-tions.



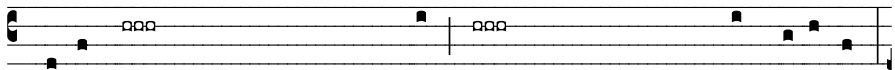
He hath shewed strength with his arm: he hath scattered the proud



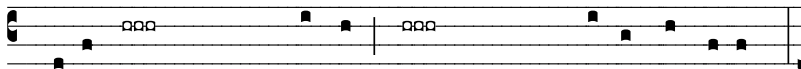
in the imagi-na- tion of their hearts.



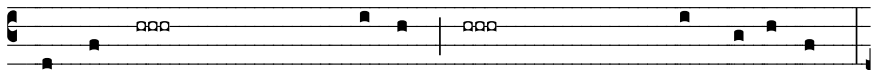
He hath put down the mighty from their seat: and hath exalted the humble and meek.



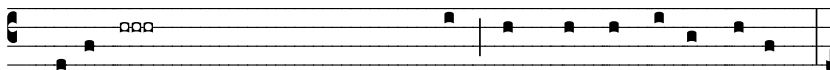
He hath filled the hungry with good things: and the rich he hath sent empty a-way.



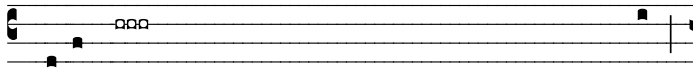
He remembering his mer-cy: hath holpen his servant Is- ra- el.



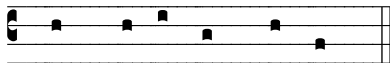
As he promised to our forefathers, Abraham and his seed for ev- er.



Glo-ry be to the Father, and to the Son: and to the Ho- ly Spi- rit;



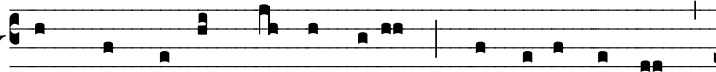
as it was in the beginning, is now, and ev- er shall be:



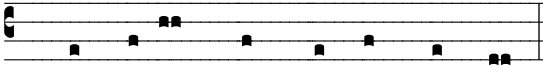
world without end. A-men.



5



**M**an shall not live by bread alone \* but by ev'ry word



that proceeds from the mouth of God.

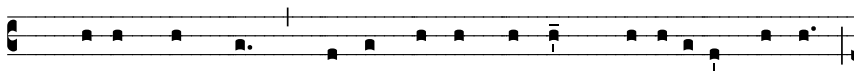
## CONCLUSION OF THE OFFICE



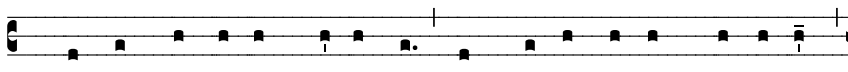
Ÿ. Ky-ri-e e-le-i-son. R̄. Chris-te e-le-i-son. Ky-ri-e e-le-i-son.



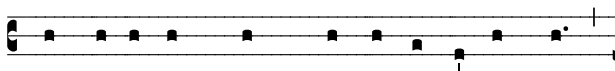
Our Father, who art in heaven; hallowed be thy name.



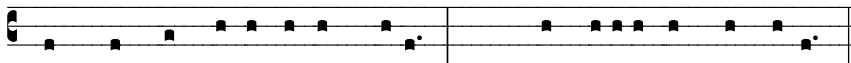
Thy kingdom come, thy will be done on earth, as it is in heaven.




Give us this day our daily bread and forgive us our trespasses,




as we forgive those who trespass against us,



and lead us not into temptation. R̄. But deliver us from evil.



Hebdom: Lord, hear my prayer.



All: And let my cry come to you.

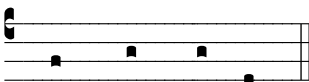
PRAYER

Let us pray.

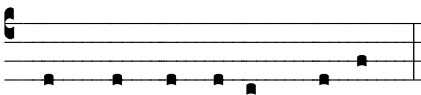
Through our annual Lenten observance, Lord,  
deepen our understanding of the mystery of Christ  
and make it a reality in the conduct of our lives.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.

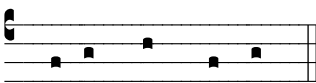
℟. Amen.



Hebdom: Lord, hear my prayer.



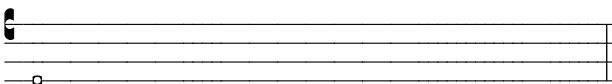
All: And let my cry come to you.



Hebdom: Let us bless the Lord.

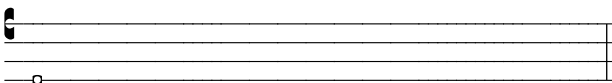


All: Thanks be to God.



Hebdom: May the souls of the faithful  
through the mercy of God rest in peace.

All: Amen.



Hebdom: May the help of God remain with us always.

All: And with our absent brethren. Amen.